

The Next ORIY workshop with Elaine (Lally) Martin



We are delighted to welcome Lally to Newbury on Sunday 13th October at Speen Hall, Speen Lane. RG14 1RJ. 10am till 1.00pm

Lally is a Senior Iyengar Yoga teacher based in the North Cotswolds. Her background is medical but yoga is her passion.

The subject of yoga is vast and has taken her on an annual journey to India for many years to improve her understanding and knowledge. She qualified as an introductory teacher in 2002

Cost :	ORIY Members	£25
	Non ORIY Members	£35

(ORIY membership: £20 per annum which gives you affiliated membership to Iyengar Yoga UK

with 2 magazines per year, the ORIY e-newsletter each term and access to yoga workshops at a reduced rate)

Payment by Bank Transfer:

Account Name: ORIY (Oxford & Region Iyengar Yoga).

Account Number: 13688928.

Sort Code: 60-15-07.

Ref: Your Surname Lally 2024

To book your place please email jhardy2406@gmail.com